

Psalms 42-43  
Hope in the Lord

Introduction.

- A. One psalm in the Hebrew Bible.
- B. Book 2 of the psalms (42-72).
- C. An Elohimic psalm.
  - 1. In Book 1, Yahweh appears 272 times & Elohim 15 times.
  - 2. In Book 2, Yahweh appears 30 times and Elohim 164 times.
- D. Sons of Korah.
  - 1. Preposition.
    - a. **To** the sons of Korah -- Davidic authorship.
    - b. **For** the sons of Korah -- Korahite authorship.
  - 2. Korah rebelled against God (Nu. 16).
    - a. Earth swallowed up him and his followers.
    - b. Sons did not join in the rebellion and the family line was preserved (Nu. 26:11).
    - c. Korahites were among David's warriors when he was outlawed by Saul (1 Chr. 12:6).
    - d. Became gatekeepers in the Temple (1 Chr. 9:17; cf. Ps. 84:10).
    - e. Renowned singers and musicians (2 Chr. 20:19).
- E. Probably during the time David was driven out of Jerusalem by Absalom (2 Sa. 15ff.).

I. Forced from the house of God (42:1-5).

- A. He stands for God but is driven away.
- B. Unable to worship at the Temple.
- C. Mocked by his enemies (2 Sa. 16:5ff.).
- D. Hope in God.

II. Feels like he is forgotten by God (42:6-11).

- A. Feelings pull him down.
- B. Knows that God is sovereign.
- C. Feels forgotten.
- D. Hope in God.

III. Plea for vindication (43:1-5).

- A. Oppressed by the enemy.
- B. Light and truth will guide to the holy mountain.
- C. Will be able to worship again.
- D. Hope in God.

IV. Depression (sense of hopelessness).

- A. Manic depression (walking back and forth screaming at the top of his lungs then sitting in a chair weeping uncontrollably).
- B. Most common emotional disorder in our culture (the common cold of mental illness).
- C. Three steps.
  1. Recognize it and confront yourself as to why you are depressed.
  2. Think Biblically about your circumstances (believe God rather than circumstances.)
  3. Your main need is God, not relief.
- D. It's ok for a Christian to seek counseling.