

Psalm 121

Psalm 121:1–2 — The Source of Our Help

- The pilgrimage and the Songs of Ascents — Psalms 120–134
- The pilgrim looks toward the hills and Jerusalem, the destination of worship.
- The Christian pilgrimage leads to the eternal presence of God through Christ.
- Our help comes from the LORD.
- The LORD is the Creator of heaven and earth — Psalm 146:6.

Notes

Psalm 121:3–4 — The Keeper Who Never Sleeps

- God keeps the pilgrim's foot from final ruin — Proverbs 3:26.
- The Keeper of Israel neither slumbers nor sleeps.
- God is never distracted, weary, or unaware.
- God does not forget his people.

Notes

Psalm 121:5–6 — The Keeper Who Is Near

- The LORD himself is our Keeper.
- God is always near his people — Psalm 16:8; Isaiah 41:13.
- The sun and moon represent the dangers of day and night — Genesis 31:40; Psalm 91:5–6.

Notes

Psalm 121:7–8 — The Keeper Who Brings Us Home

- God keeps his people from final evil.
- Believers will still experience suffering — John 16:33.
- God preserves the believer's life and soul.
- God is sovereign over the whole course of our lives.
- Nothing can separate believers from the love of God in Christ — Romans 8:35–39.

Notes
